



Celebrating the Path
**Tergar Community
Worldwide Retreat**



Retreat Host

Eudlo-Sunshine Coast Tergar Practice Group
Queensland, Australia

Where

Windhorse Health Clinic

When

Sunday, March 2 10am – 2pm

Retreat Schedule

10am - Welcome and introduction to Tergar Worldwide retreat, Losar and its meaning

10.15am - Video messages

11.15am - Practice of Open Heart, Open Mind program

12pm - Mindful Lunch together (possibly sharing of Momo's!)

1pm - Nectar of the Path group practice

2pm - Dedications and Conclusion

Social Media Event Info

Facebook: <https://www.facebook.com/TergarSunshineCoast>

Website: <https://tergar.org/eudlo>

Contact name and email

Carey Idle windhorsehealth@gmail.com

All are welcome!