Retreat host:

Tergar Eugene

Where:

The Avalon Lodge 5210 Canyon Drive Eugene, OR 97405

When:

Sunday, March 2, 2014 from 1 to 5 PM

Retreat description:

In Eugene, Oregon we will be hosting Tim Olmsted in an all-weekend workshop, February 28-March 2, titled *The Noble Heart - Fearless Compassion in a Challenging World* (click <u>HERE</u> for event page), culminating in the *Tergar Worldwide Retreat/Celebration* Sunday afternoon from 1-5:00pm. We are so fortunate that Tim will be with us to join and lead us through this very special day.

Our plans include the community coming together for meditation practice, viewing the special video messages recorded for this event from Tai Situ Rinpoche, Tsoknyi Rinpoche and Khenpo Kunga, and sharing inspirational stories, quotes and poetry. We will conclude with a festive community potluck!

What to bring:

Everyone is invited to bring your own stories, quotes, poetry, etc. to share with the group, along with your favorite food item for the potluck.

Event Information:

Everyone is invited to this event! For more information see: http://tergar.org/eugene.

Contact:

Julie Ann eugene@tergar.org 541-556-0604

All are welcome!