



Celebrating the Path  
**Tergar Community  
Worldwide Retreat**



**Retreat host:** Tergar Portland

**Where**

Heart of Wisdom Zen Center  
6401 NE 10<sup>th</sup> Ave  
Portland, OR 97211

**When**

Sunday, February 23 from 12pm – 5pm

**Retreat description**

In Portland, we will be celebrating our Worldwide Retreat one week early on Sunday, February 23<sup>rd</sup> from noon to 5pm with our good friend, Tim Olmsted, who will be in town for [The Noble Heart](#) workshop from February 21<sup>st</sup> - 22<sup>nd</sup>.

During our Worldwide Retreat celebration, we'll watch the video messages from Tai Situ Rinpoche, Tsoknyi Rinpoche, Khenpo Kunga and others. Tim will guide our time together with presentations, discussion and guided meditations. Click here for our [Worldwide Retreat event page](#).

**What to Bring:** Quotes, excerpts from teaching passages, poems, etc. to share for inspiration; and an hors d'oeuvre, snack or dessert to share during our late afternoon tea break

**Social Media Event Info**

Facebook: Tergar Portland Website: <http://tergar.org/portland>

**Contact name and email**

Neil and Cathren [neilandcathren@gmail.com](mailto:neilandcathren@gmail.com)

**All are welcome!**