



Celebrating the Path
**Tergar Community
Worldwide Retreat**



Retreat Host: Tergar Minneapolis St. Paul

Where

Tergar Meditation Center
706 N. 1st St., Suite 112
Minneapolis, MN 55401

Worldwide Retreat Schedule for Sunday, March 2

As part of this celebration, the Tergar MSP community will have a full day of events, and we invite you to participate in one or more of those. Click here for our [Worldwide Retreat event page](#). Our schedule for the day will be:

9-10:30am: Nectar of the Path led by Stephanie Wagner (This is a Buddhist practice and involves both chanting and meditation)

10:30-11am: Tea break

11-12: Sitting and walking meditation with practice leaders

12-2pm: Vegetarian potluck lunch

2-3pm: Video messages from Tai Situ Rinpoche, Tsoknyi Rinpoche and Khenpo Kunga, and talk by Edwin Kelley

3-3:30pm: Tea break

3:30-5pm: Sitting and walking meditation with practice leaders

Social Media Event Info

Facebook:

Twitter:

Contact Info

Tergar MSP Events (612) 460-8837 Email: mspevents@tergar.org

All are welcome!