



Celebrating the Path
**Tergar Community
Worldwide Retreat**



Retreat host

Tergar Moscow Meditation Community

Where

Russia, Moscow City, Pavlovskaya street, 18. Center “Open World”

When

Sunday, March 2 from 10 am – 5pm.

Retreat Description

We will gather and start with opening meditation. Right after will be Nectar of the Path practice followed by 30 min repetitions of Mingyur Rinpoche’s long life prayer. Then we will show the video messages from Tai Situ Rinpoche, Tsoknyi Rinpoche and Khenpo Kunga. After all that we will offer everybody nice food and drinks. At the end of our program we will watch the Nubri documentary. Between these events will be a few short meditation sessions and time for celebrating this great day with friends by sharing inspirations, joy and good stories. How nice!

Social Media Event Info

Facebook: [Tergar Moscow](#)

Website: <http://tergar.ru/>

Contact name and email

Tergar Moscow inform@tergar.ru

All are welcome!