

~ *Pointing Out* ~

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How to connect directly with your true nature — buddha nature.

The teaching for that is what we call “pointing out instructions.” “Pointing out” means to point out your true nature, just like you point to something with your finger, “This is a diamond.”

It is as if you were holding a diamond in your hand, and you are looking at it, but the problem is that you do not know that it is a diamond. You have a diamond, you are looking at it, you are seeing it, but you do not know that it is a diamond.

Then what should you do? Simply point it out: “Hello, this is a diamond. Ah, this is a diamond! Oh, how precious!” If you do not realize that it is a diamond, then, even if your hands are full of diamonds, for you it is the same as pebbles, the same as small stones. For you, there is no value. But if you realize that it is a diamond, then the diamond becomes very, very valuable to you. “Wow, how precious!”

The practice for this is first the introduction. You receive the introduction to the nature of mind practice, and after that, when you practice, it is there.

But the problem is that it is so easy, so close, and that is why it becomes difficult. It is so easy that you cannot believe it. It is so close to you that you cannot see it. This is why, normally, we do not give this pointing out teaching in public. So I can not teach it to you now, but I just tell you a little bit about the qualities of the nature of mind.

In order to practice this, you have to practice step by step, with the foundational practice and then the main practice.

Thank you very much! Bye Bye!